



**RELACIÓN ENTRE LA PRESENCIA DE  
COMPUESTOS FENÓLICOS Y LOS ATRIBUTOS  
SENSORIALES DEL AOV. ESTADO ACTUAL DEL  
TEMA.**

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**Dpto. de Nutrición y Bromatología, Universidad de Granada**

**TABLA 2. Componentes minoritarios del aceite de oliva virgen<sup>31,34</sup>**

<b>Componentes</b>	<b>Concentración (mg/100 g aceite)</b>
Compuestos terpénicos	100-350
Esteroles	100-250
Hidrocarburos	
Escualeno	150-800
Carotenos	0,5-1
Compuestos fenólicos	5-100
Alcoholes alifáticos	10-70
Tocoferoles	0,5-30
Ésteres	10-20
Aldehídos y cetonas	4-8
Clorofilas	0,1-2



**LA CONCENTRACIÓN DE COMPUESTOS  
FENÓLICOS EN EL AOV DEPENDE**

**VARIEDAD  
DE ACEITUNA**

**CONDICIONES DE  
ALMACENAMIENTO**

**GRADO DE MADUREZ  
DE LA ACEITUNA**

**MÉTODOS SEGUIDOS PARA  
OBTENER EL ACEITE**

## Compuestos fenólicos

### Fenoles simples

Hidroxitirosol  
Tirosol  
Ácido vanílico  
Vanilina  
Ácido p-cumárico  
Ácido ferúlico  
4-etilfenol  
Tiroxilacetato  
Hidroxitiroxilacetato

### Polifenoles

#### Flavonoides:

Apigenina  
Luteolina

### Lignanós

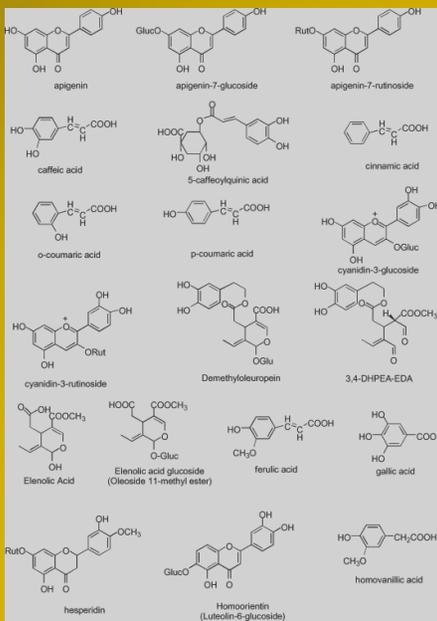
(+)-pinorresinol  
(+)-1-acetoxipinorresinol

### Secoiridoides

Glucósido de oleuropeína  
Demetiloleuropeína  
Oleuropeína  
Ácido elenólico  
Ligtrósido  
Desacetoxiligtrósido



# COMPUESTOS FENÓLICOS



**ESTABILIDAD  
OXIDATIVA**

**PROPIEDADES  
NUTRICIONALES**

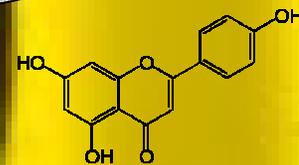
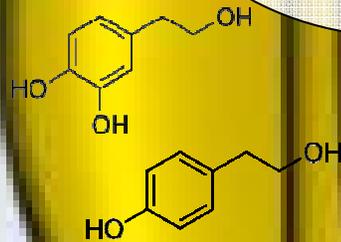
**PROPIEDADES  
SENSORIALES**

**ENFERMEDADES  
CV**

**ENFERMEDADES  
ÓSEAS**

**COMPUESTOS  
FENÓLICOS  
DEL AOV**

**CÁNCER**



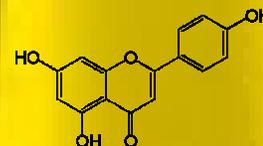
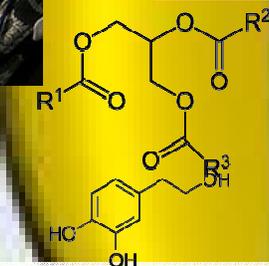
**ENVEJECIMIENTO**

# PROPIEDADES SENSORIALES DE LOS COMPUESTOS FENÓLICOS

EL ↑ DEMANDA DE AOV NO SOLO PUEDE SER EXPLICADO POR SU EFECTO EN SALUD



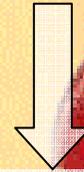
ATRIBUTOS  
SENSORIALES



DETERMINAN LA PREFERENCIA  
DE LOS CONSUMIDORES



**COMPUESTOS  
FENÓLICOS**



**AMARGOR Y  
ASTRINGENCIA**



**VINO, TE, FRUTAS**



Effect of Olive Ripening Degree on the Oxidative Stability and  
Organoleptic Properties of **Cv. Nostrana di Brisighella Extra**  
Virgin Olive Oil

ANNALISA ROTONDI,\*† ALESSANDRA BENDINI,§ LORENZO CERRETANI,§  
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**A MEDIDA QUE EL ACEITE SE OBTENIA DE ACEITUNAS EN  
ESTADOS DE MADURACIÓN MÁS ALTOS**



**AMARGO Y PICANTE**



**COMPUESTOS FENOLICOS TOTALES**

**CORRELACIÓN POSITIVA ENTRE EL CONTENIDO DE SECOIRIDOIDES  
Y EL AMARGO Y PICANTE**

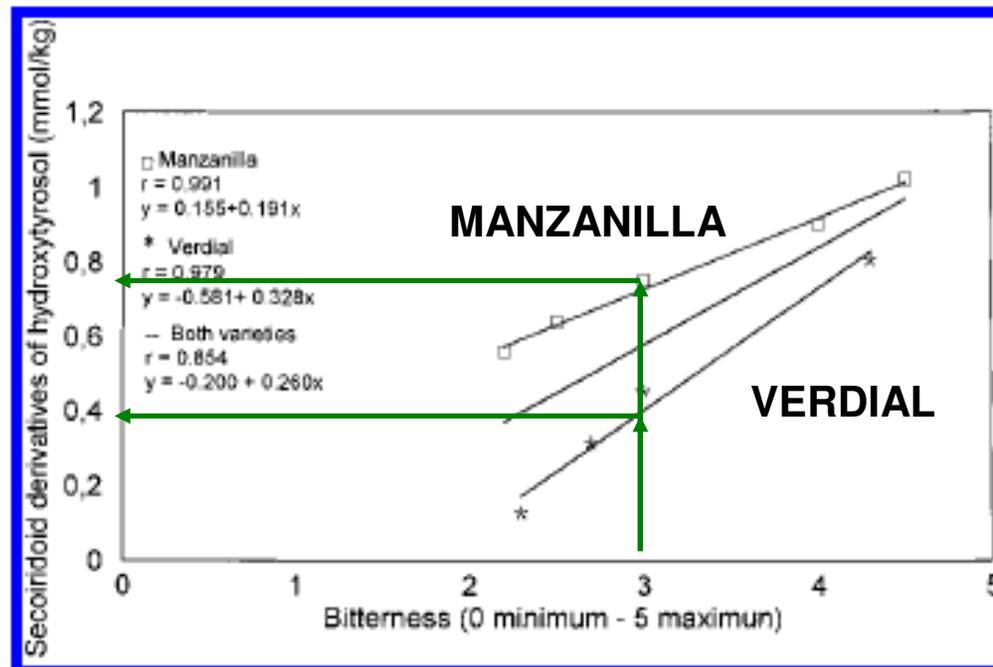


## Reduction of Oil Bitterness by Heating of Olive (*Olea europaea*) Fruits

José M. García,\* Khaled Yousfi, Raquel Mateos, Manuel Olmo, and Arturo Cert

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**Correlación positiva entre el contenido de Secoiridoides y el amargor en los aceites obtenidos de las aceitunas var. Manzanilla y Verdial**



**Figure 1.** Correlation found between bitterness intensity and content of hydroxytyrosol secoiridoid derivatives on virgin olive oils obtained from Manzanilla and Verdial olives. Each point is the mean value of three replicates.

Main Polyphenols in the Bitter Taste of Virgin Olive Oil.  
Structural Confirmation by On-Line High-Performance Liquid  
Chromatography Electrospray Ionization Mass Spectrometry

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**CORRELACIÓN POSITIVA ENTRE EL CONTENIDO DE LAS LAS FORMAS  
DIALDEHÍDICAS Y ALDEHÍDICAS DE LAS AGLICONAS DE LA OLEUROPEINA  
Y LIGSTROSIDO (DGO, DGL, AGO, AGL ) CON EL AMARGOR**

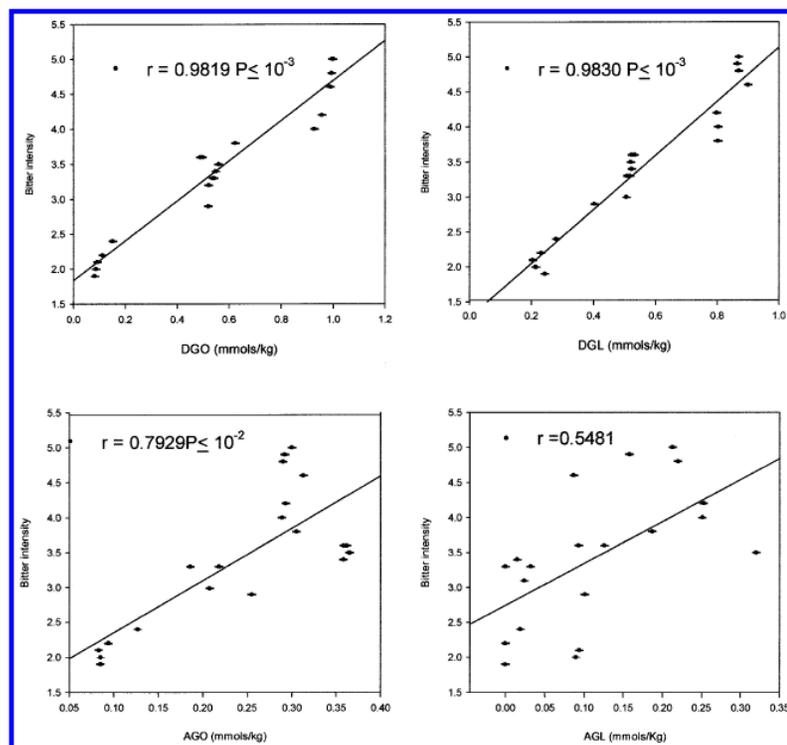


Figure 2. Relationship between the content of DGO, DGL, AGO, AGL, and bitter intensity.

## Virgin olive oil odour notes: their relationships with volatile compounds from the lipoxygenase pathway and secoiridoid compounds

Franca Angerosa\*, Roberta Mostallino, Carla Basti, Raffaella Vito

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### RELACIONAN LOS COMPUESTOS SECOIRIDOIDES CON LOS ATRIBUTOS AMARGO, PICANTE Y CASCARA DE NUEZ.

Table 1

$R^2$  and regression coefficients of examined variables for each sensory attribute

	Bitter	Pungent	Sweet	Fruity (green olives)	Leaf	Almond	Banana	Lawn	Walnut husk	Flowers	Tomato	Artichoke	Hay	Apple
$R^2$	0.80	0.80	0.72	0.66	0.65	0.62	0.60	0.57	0.57	0.56	0.51	0.36	0.35	0.21
Polyphenols	0.40	0.39	-0.12	0.11	0.27	-0.27	-0.13	0.20	0.51	-0.01	-0.29	-0.05	0.23	0.28

Journal of the American Oil Chemists' Society  
April 1992, Volume 69, Issue 4, pp 394-395

## Evaluation of the bitter taste in virgin olive oil

F. Gutiérrez Rosales, S. Perdigero, R. Gutiérrez, J. M. Olias

 » Get Access

### Abstract

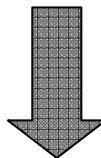
An analytical method has been developed to evaluate the intensity of the bitter taste in virgin olive oil. Results from the proposed method, based on extraction of the bitter constituents of virgin olive oil with methanol/water and measurement of the absorbance at 225 nm, show a significant correlation with the intensity of bitterness that had been evaluated in a sensorial manner by a panel. The developed method, therefore, offers a real alternative to the panel test for the evaluation of this attribute.



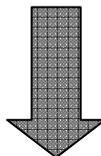
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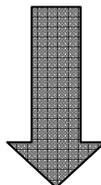
**EXTRACCIÓN SPE DE LOS FENOLES**



**DETECCIÓN ESPECTROFOTOMÉTRICA A 225 NM DEL EXTRACTO**



**ÍNDICE DE AMARGOR  $k_{225}$**



**CORRELACION POSITIVA CON EL AMARGOR DETERMINADO ORGANOLEPTICAMENTE MEDIANTE UN PANEL DE CATA**



# Evaluation of Virgin Olive Oil Bitterness by Quantification of Secoiridoid Derivatives

Raquel Mateos, Arturo Cert, M. Carmen Pérez-Camino, and José M. García\*

Instituto de la Grasa (Consejo Superior de Investigaciones Científicas), E-41012 Sevilla, Spain

## LA DETERMINACIÓN ANALÍTICA DE LA FORMA ALDEHÍDICA DE LA OLEUROPEINA AGLICONA (AOA) PARA MEDIR EL AMARGOR

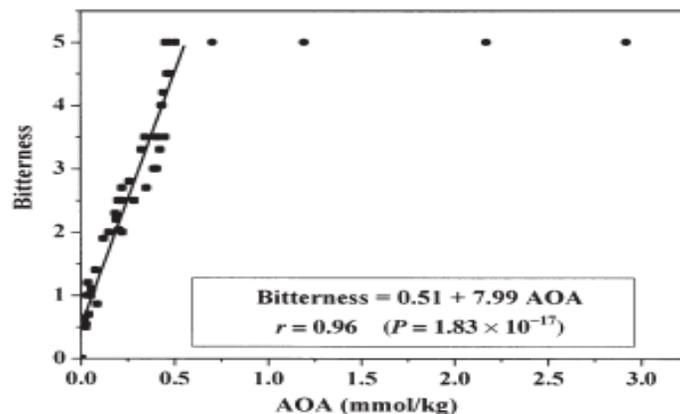


FIG. 1. Linear function that correlates concentration of the aldehydic form of oleuropein aglycone (AOA) and sensory bitterness in the range 0.03 to 0.5 mmol/kg ( $r$ , linear regression coefficient;  $P$ , probability that  $r = 0$ ).

**SI AOA ES > 0.5 MMOL/KG  
AMARGOR= 5**

**SI AOA ES < 0.5 MMOL/KG  
AMARGOR=0.51+7.99AOA**

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 María T. Ruano  
 Antonio Jiménez  
 Marino Uceda  
 María P. Aguilera

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 y Formación Agraria,  
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## Evaluation of virgin olive oil bitterness by total phenol content analysis

Bitterness is an important sensory attribute of virgin olive oil (VOO). It is usually assessed by tasting, which is a time-consuming method and needs trained tasters. Bitterness is related to the phenolic compounds and can be estimated by the measurement of the specific absorbance at 225 nm ( $K_{225}$ ). This paper proposes to evaluate oil bitterness intensity as estimated from the  $K_{225}$  values measuring the phenol content. A significant relationship between phenol content and  $K_{225}$  as well as a prediction model for bitterness intensity estimation from the phenol content was obtained. Classification of oil bitterness was based on the phenol content. Furthermore, when 12 VOO samples were classified by their bitterness intensities as estimated by the prediction model and by sensory analysis, more than 92% of the oil samples were correctly classified. Therefore, by measuring the phenol content, the bitterness intensity can be estimated and oils can be classified by their bitterness. This model may represent an easy method to evaluate the bitterness intensity without any sensory assessment.

**Keywords:** Virgin olive oil, bitterness, prediction model, phenol content,  $K_{225}$ .

PROPONEN UN MÉTODO PARA DETERMINAR EL AMARGOR DE UN ACEITE MIDIENDO EL CONTENIDO FENÓLICO TOTAL MEDIANTE EL MÉTODO DE FOLIN-CIOCALTEAU

AMARGOR

$$IB_{\theta} = -7 \times 10^{-6} \text{Phenols}^2 + 0.0123 \text{Phenols} - 0.8722$$



# BRIEF COMMUNICATIONS

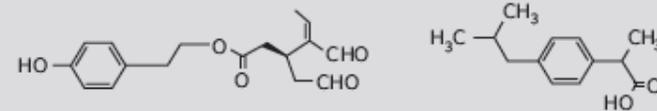
## Ibuprofen-like activity in extra-virgin olive oil

Enzymes in an inflammation pathway are inhibited by oleocanthal, a component of olive oil.

**Table 1 | Selective inhibition of COX enzymes by oleocanthal enantiomers**

Agent	Concentration ( $\mu\text{M}$ )	COX-1 (%)	COX-2 (%)
(-)Oleocanthal	100	83.5 $\pm$ 3.5	70.9 $\pm$ 8.6
	25	56.1 $\pm$ 3.2	56.6 $\pm$ 9.5
(+)Oleocanthal	7	24.6 $\pm$ 7.3	14.5 $\pm$ 2.3
	100	68.0 $\pm$ 15.2	69.6 $\pm$ 3.9
	25	54.5 $\pm$ 4.6	41.3 $\pm$ 15.9
Ibuprofen	7	24.6 $\pm$ 7.5	6.1 $\pm$ 4.2
	25	17.8 $\pm$ 2.3	12.7 $\pm$ 3.6
Indomethacin	25	90.1	89.8
	7	86.6	66.3
NDGA	25	ND	ND
	7	ND	ND
caffeic acid	25	ND	ND
	7	ND	ND

Percentage inhibition of cyclooxygenases 1 and 2 (COX-1, COX-2) and 15-lipoxygenase (15-LO) by three different oleocanthal and of ibuprofen are presented as mean  $\pm$  s.e.m. for three independent experiments. ND, not detected. *Indomethacin* was used as a positive (inhibitory) control in the cyclooxygenase assays and *nor-dihydroguaiaretic acid* (NDGA) was used as positive (inhibitory) control in the lipoxygenase assay. The concentrations for 50% inhibition (IC<sub>50</sub>) values for (+) oleocanthal are 25  $\mu\text{M}$  and 40  $\mu\text{M}$  for COX-1 and COX-2, respectively; IC<sub>50</sub> values for (-) oleocanthal are 25  $\mu\text{M}$  and 40  $\mu\text{M}$  for COX-1 and COX-2, respectively. (For methods, see supplementary information.)



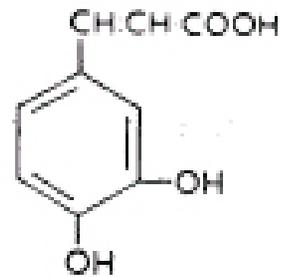
**Figure 1 | Structures of (-)oleocanthal (left) and the anti-inflammatory drug ibuprofen (right). How they underpin the similar throat-irritating and pharmacological properties of the two compounds is unclear as yet.**

**SIMILAR SENSACIÓN DE IRRITACIÓN EN LA GARGANTA**

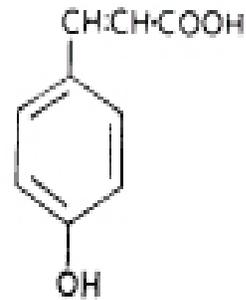
**COMPARTEN ACTIVIDAD ANTIINFLAMATORIA**

**INHIBEN LAS ENZIMAS CICLOOXIGENASAS (INTERVIENEN EN SÍNTESIS DE PG)**

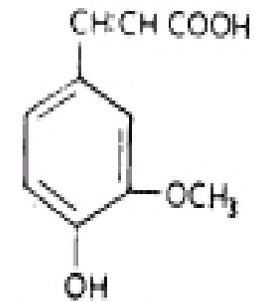
# RELACIÓN ENTRE ÁCIDOS FENÓLICOS Y ATRIBUTOS SENSORIALES



Acido cafeico



Acido p-cumárico



Acido ferúlico

# Situación geográfica

**Finca “Las Minas”, en la localidad de Cabra (Córdoba)**

**Coordenadas UTM:**

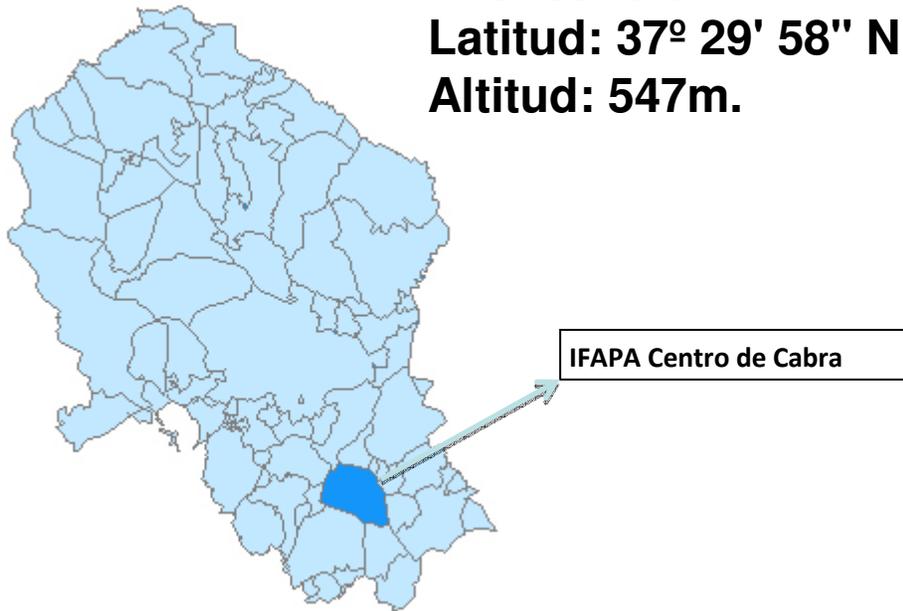
**X: 373628.0**

**Y: 4151309.0**

**Latitud: 37° 29' 58" N**

**Longitud: 04° 25' 46" W**

**Altitud: 547m.**



**Mapa de la Provincia de Córdoba**

# Diseño del ensayo

Octubre 2010

Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Noviembre 2010

Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Diciembre 2010

Domingo	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- ❑ MUESTRAS DE LAS VARIETADES PICUAL, HOJIBLANCA, ARBEQUINA, PICUDA EN DIFERENTES ESTADOS DE MADURACIÓN
- ❑ A LAS MUESTRAS RECOGIDAS EN LAS FECHAS SEÑALADAS, SE LES ESTUDIÓ LOS SIGUIENTES PARÁMETROS:

- Resistencia al desprendimiento.
- Índice de madurez de los frutos.
- Peso de los frutos
- Rendimiento graso y humedad.
- Índice de acidez.
- Índice de peróxidos.
- Absorbancia a la radiación Ultravioleta ( $K_{232}$ ,  $K_{270}$ ).
- $K_{225}$  (Amargor)
- Polifenoles totales.
- Polifenoles individuales.
- Análisis sensorial.

# HOJIBLANCA





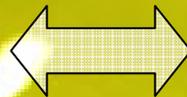
## ACEITES VARIEDAD HOJIBLANCA

CONTENIDO TOTAL EN  
ACIDOS FENOLICOS



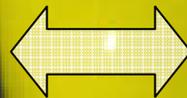
AMARGO ( $r=0.829$ ,  $p=0.006$ )  
PICANTE ( $r=0.829$ ,  $p=0.006$ )

ÁCIDO FERULICO



AMARGO ( $r=0.742$ ,  $p=0.022$ )  
PICANTE ( $r=0.755$ ,  $p=0.019$ )

ÁCIDO VANILICO



AMARGO ( $r=0.802$ ,  $p=0.009$ )

P-COUMARICO



AMARGO ( $r=0.786$ ,  $p=0.012$ )

## CONCLUSION

The background of the slide features a laboratory setting with several pieces of glassware. In the center, a round-bottom flask is filled with a yellow liquid, likely olive oil. To its left, a smaller flask and a beaker are also visible. To the right, a large Erlenmeyer flask is filled with the same yellow liquid. The glassware is set against a dark background, and the lighting highlights the glass and the color of the liquid.

AUNQUE LA RELACIÓN ENTRE EL CONTENIDO DE FENOLES TOTALES Y DEL GRUPO DE LOS SECOIRIÓIDES Y LA CALIDAD ORGANOLEPTICA DEL ACEITE ES BIEN CONOCIDA, POCOS TRABAJOS SE HAN LLEVADO A CABO PARA ENCONTRAR LAS IMPLICACIONES ORGANOLEPTICAS DE OTRO TIPO DE COMPUESTOS FENOLICOS DEL AOV COMO LOS ACIDOS FENOLICOS Y LOS LIGNANOS. SE HACEN NECESARIOS MAS ESTUDIOS QUE INVESTIGUEN EN ESTE CAMPO.